Variation in Carotene Content of Sweet Potatoes

BOYCE D. EZELL and MARGUERITE S. WILCOX

Biological Sciences Branch, Agricultural Marketing Service, U. S. Department of Agriculture, Beltsville, Md.

Composite samples of sweet potatoes—averages of 10 replicates of five roots each taken from different sections of a 7500-square-foot area were found to vary, within a variety, as much as 45% in total carotenoids and 145% in carotene—highest over lowest sample. Sweet potatoes from the same field averaged more than twice as much carotene one season as the next. Those grown with limited soil moisture were higher in carotene than those grown with abundant moisture. Individual roots from the same plant varied in carotene, as much as 47% in Orange Little Stem and 82% in Yellow Jersey. High-yielding plants from a plot averaged significantly higher in carotene content per unit weight than the plot average. The carotene content appears to be more closely associated with rate of growth of the root than with the size attained. Carotene content at harvest was not a determining factor in amount of increase during storage, but in a season when all lots were relatively high in carotene at harvest, the increase during storage was also high. The moisture content of sweet potato samples varied up to 3% within a season; differences between seasons were sometimes greater, but the highest moisture content was not necessarily in the season or area of highest soil moisture.

THE YELLOW, ORANGE, OR SALMON **L** COLOR in the flesh of sweet potatoes is due to carotenoid pigments. β -Carotene, the principal pigment in varieties having deeply colored flesh, is the precursor of vitamin A, and, therefore, the most important pigment from the nutritional standpoint in all varieties. Sweet potatoes vary widely in flesh color, not only between varieties, but also within varieties. Total carotenoid pigments, as reported in 1946, ranged from 2.10 to 6.95 mg. per 100 grams of tissue and carotene from 1.46 to 6.39 mg. per 100 grams in 27 individual Porto Rico sweet potatoes (3).

According to data presented later (5), sweet potatoes increase in carotene and total carotenoids from mid-August until late September or early October and then decrease after frost kills the vines. While the general trend was fairly consistent, there were individual fluctuations between sampling datessome statistically highly significant-for which no definite cause could be ascribed. In general, changes in carotene content took place rather gradually both in the field and during storage. This might suggest that the divergent samples were not truly representative of the population average. In 1953, workers at seven southern agricultural experiment stations (6) reported on results from roots harvested beginning in mid-September and ending before frost. They found wide

variations in carotene content, but, as their results indicated that the changes were as likely to be negative as positive during this period, they concluded that the direction of change was not predictable. These workers also found wide differences between locations and seasons and concluded "that location effects had more influence on carotene content than year to year effects within one location."

Because of the importance of sweet potatoes as a food crop, variation in carotene content is of considerable interest and importance, not only to the research worker, but to all having to do with the nutritive value of foods. The present work supplies additional information on variations in carotene content of sweet potatoes and on some of the conditions pertaining thereto. Two varieties were grown in a single location and harvested during a 3-week period in 2 consecutive years; also, individual roots from the same plant and individual plants from the same area were studied in a third season. The effect of rate of plant growth on the carotene content of the fleshy roots, of size of the root on the carotene content, and of the carotene content at harvest on the subsequent accumulation during storage was also studied. Some data on the variations in ascorbic acid and in moisture were obtained.

Materials and Methods

Orange Little Stem and Yellow Jersey sweet potatoes were grown in 50 \times 150 foot plots on Chillum sandy loam at the Plant Industry Station, Beltsville, Md., in 1951 and 1952, and again in 1955. These varieties were selected because of their tendency to form many miniature sweet potatoes in a relatively close cluster early in the season. These fleshy roots increase in size as the season progresses, but usually at different rates. Many varieties tend to prolong the period of formation of the fleshy roots and to distribute them over a wider area and at different levels in the soil. Sweet potatoes of the first type are subjected to more uniform soil and environmental conditions and might therefore be expected to vary less in carotene than those of the second type.

The sweet potatoes, grown according to standard procedures, were harvested between September 10 and October 2. In some cases, two or more samples were harvested on the same date and others 1 or more days apart. The plots were subdivided and the samples were taken from different subsections. During the second season, the last four samples were taken from the same subsections as the first four and in the same order—i.e., 1st and 5th, 2nd and 6th, 3rd and 7th, and 4th and 8th came from

				Carotene		т	otal Carotei	noids	Ma	oisture
Variety	Date Harvested	Days in Storage	At harvest mg./ 100 g.	After storage, mg./ 100 g.	Increase, %	At harvest, mg./ 100 g.	After storoge, mg./ 100 g.	Increase, %	At harvest, %	After storage, %
Orange Little Stem	9/10/51 9/12/51 9/12/51 9/19/51 9/27/51 9/28/51 10/2/51	161 153 183 161 155 156 141	5.376.024.925.706.177.196.50	7.55 6.65 6.26 8.07 7.55 8.39 7.37	41 10 27 42 22 17 13	6.04 6.48 5.60 6.35 7.09 8.14 8.13	8.33 7.75 7.16 8.77 8.40 9.20 8.26	38 20 28 38 18 13 2	75.3 77.9 78.0 77.6 76.5 76.1 77.1	78.0 79.8 79.8 78.5 78.6 78.9 77.9
Average		159	5.981	7.406	24ª	6.833	8.267	21ª	76.93	78.79
Least significant difference 1% 5%			0.658 0.491	0.625 0.469		0.582 0.437	0.675 0.507		1.44 0.97	2.65 1.79
Orange Little Stem	9/10/52 9/15/52 9/17/52 9/18/52 9/20/52 9/25/52 9/28/52 9/30/52	148 156 160 162 139 147 150 150	2.53 2.85 2.64 2.36 2.78 2.80 3.19 2.53	2.54 3.33 3.26 2.74 3.07 3.04 3.52 3.00	0 17 24 16 10 9 10 19	3.17 3.56 3.48 2.97 3.48 3.56 3.85 3.21	3.17 3.96 3.91 3.39 3.75 3.66 4.18 3.70	0 11 12 14 8 3 8 15	71.7 71.8 72.6 73.5 71.5 72.3 72.0 72.6	71.8 72.2 73.1 73.1 71.7 72.9 72.2 72.9
Average		152	2,710	3.062	13ª	3.410	3.715	9ª	72.25	72.50
Least significant difference 1% 5%			0.262 0.198	0.369 0.278		0.316 0.238	0.380 0.286		0.77 0.58	1.33 1.00
Yellow Jersey	9/10/51 9/19/51 9/19/51 9/19/51 9/28/51 10/2/51	157 159 164 175 160 139	0.11 0.17 0.15 0.15 0.27 0.27	0.62 0.66 0.65 0.89 0.57 0.67	464 288 333 493 111 148	0.57 0.68 0.67 0.74 0.82 0.81	1.47 1.53 1.65 1.92 1.45 1.58	158 125 146 159 77 95	72.9 72.1 71.3 70.8 70.9 71.1	74.4 73.7 74.3 73.6 73.2 73.3
Average		159	0.187	0.677	262ª	0.715	1.600	124ª	71.53	73.72
Least significant difference 1% 5%			0.018 0.014	0.114 0.085		0.047 0.036	0.133 0.100		1.82 1.20	1.22 0.80
Yellow Jersey	9/10/52 9/15/52 9/17/52 9/20/52 9/22/52 9/26/52 9/29/52 10/1/52	219 219 218 219 207 208 207 209	$\begin{array}{c} 0.10 \\ 0.07 \\ 0.06 \\ 0.08 \\ 0.08 \\ 0.07 \\ 0.08 \\ 0.11 \end{array}$	$\begin{array}{c} 0.37\\ 0.44\\ 0.33\\ 0.31\\ 0.46\\ 0.34\\ 0.40\\ 0.37\\ \end{array}$	270 529 450 288 475 386 400 236	0.52 0.48 0.41 0.49 0.51 0.44 0.44 0.48	$\begin{array}{c} 1.06 \\ 1.08 \\ 0.98 \\ 0.97 \\ 1.18 \\ 0.94 \\ 1.05 \\ 1.05 \end{array}$	104 125 139 98 131 114 139 119	72.7 74.4 75.4 74.6 73.2 74.6 75.7 75.2	73.1 73.0 74.5 74.4 72.4 74.7 75.5 75.6
Average		213	0,081	0.378	367ª	0.471	1.039	121ª	74.46	74.15
Least significant difference 1% 5% • Percentage increase in averages			0.016 0.012	0.095 0.071	••••	0.036 0.027	0.133 0.100		1.00 0.76	1.00 0.76

Table I. Variations in Carotene, Total Carotenoid, and Moisture Contents of Sweet Potatoes at Harvest and after Storage

the same subsections but were harvested on different dates.

In 1955, the sweet potatoes were grown under uniform conditions until root enlargement begins—late July in this area. Manipulative treatments to promote or retard growth of the vines and to retard the synthesis of reserve food materials were then started and continued until harvest. The treatments were as follows:

Soil was irrigated weekly, unless 0.1 inch of rain fell during the preceding 7 days (to promote vigorous vine growth).

Control vines were undisturbed.

Vines were lifted 10 days before harvest to break adventitious roots along the surface (to retard growth by reducing moisture intake shortly before harvest). Vines were lifted weekly and restricted to approximately 1/3 normal area (to retard growth by reducing moisture intake and retard synthesis of reserve food material by reducing area for leaf exposure).

Vines of individual plants were lifted, folded, and rolled into a 3-foot bundle at weekly intervals (to retard growth by reducing moisture intake and retard synthesis of reserve food material by reducing area for leaf exposure and making it necessary for plant to reorient its leaves each week).

Sweet potatoes from these plants were used in the studies on variations between individual roots from the same plant, between means of individual plants from the same area, and on effects of rate of plant growth on the carotene content of the fleshy roots.

The methods of analysis and general procedures were the same as previously described (4). The roots were washed at harvest to remove adhering soil and then weighed individually; the weight in grams was recorded on each root with an indelible pencil. Roots for storage were cured at 85° F. and 85% relative humidity for 8 days and then stored at 60° F. They were reweighed at time of analysis. Comparable samples of 50 to 75 roots each were used, and chemical analyses were made at harvest and after storage. The carotene and total carotenoids were determined by the method of Wall and Kelley (13). The method of Loeffler and Ponting (8) was used for determining



ascorbic acid. Unless otherwise noted, each analytical sample consisted of 10 replicates of five roots each, and each replicate was analyzed in duplicate. The results of the duplicates were averaged, and the value reported is the average of the 10 replicates calculated back to the weight at harvest. Moisture samples were taken from two of the 10 replicates during the first season and from each of the 10 replicates during the second and third seasons.

Results and Discussion

Variations in Carotene Content within and between Seasons. The carotene, total carotenoid, and moisture contents at harvest and after storage of sweet potatoes, harvested at different times in 1951 and 1952, are shown in Table I. In the first season, during the harvest period of 3 weeks, the carotene content of Orange Little Stem sweet potatoes varied from 17% below to 20% above the mean of 5.98 mg. Differences between samples of 8.2 and 11.2%were statistically significant at the 5 and the 1% level, respectively. During the second season, the carotene content ranged from 12% below to 17% above the mean of 2.71 mg. Differences for significance this year were 7.3 and 9.7%, respectively, at the 5 and the 1% level.

In Yellow Jersey, during the first season, the carotene content ranged from 41% below to 44% above the mean of 0.187 mg. per 100 grams. Differences required for significance at the 5 and the 1% level were 7.5 and 9.6%, respectively. In the second season, with an average of 0.081 mg. per 100 grams, the content ranged from 26% below to 36% above, 14.9 and 19.8% being required for significance at the 5 and the 1% level, respectively.

During the first season the Orange Little Stem variety averaged 5.98 mg. per 100 grams of tissue against 2.71 mg. in the second season, or 2.2 times as much. Comparable values for Yellow Jersey were 0.187 mg. and 0.081 mg., or 2.3 times as much. In the second season, the seed stock of Orange Little Stem was from a different source than the first, but the Yellow Jersey was from the same stock as in the preceding year. As the differences between the two varieties in the 2 years were practically the same, the different seed source was thought not to be a major factor in the differences for Orange Little Stem. The pattern for total carotenoids is essentially the same as for carotene.

Temperature is a primary factor in influencing the carotene content of sweet potatoes in storage (4), but does not appear to be the reason for the difference in these samples at time of harvest. Samples harvested on the same date sometimes showed wider differences than samples harvested several days or

Table II. Climatological Data, Station No. 2, Beltsville, Md.

Average Temp., ° F.			R	Sunshine," % of Possible					
Month	1951	1952	1955	1951	1952	1955	1951	1952	1955
June July Aug. Sept.	69.7 74.5 72.3 66.4	72.5 76.3 72.9 64.9	65.8 78.8 76.4 66.6	10.32 1.78 1.53 2.47	2.93 2.60 4.00 5.19	5.12 0.74 11.74 0.87	57 77 77 60	75 78 60 77	59 61 48 54
^a Sunshi	ine data fo	r Washin	gton Nati	onal Airpo	ort, Wash	ington, D.	C.		

weeks apart. This would tend to minimize climatic conditions as a major factor for local differences between samples in a single season. A study of climatological data (12) (Table II), reveals that there were no outstanding differences in temperature during the two seasons. The percentage of the possible sunshine was slightly higher in the second season. Total precipitation amounted to 16.10 inches in the 1951 season and 14.72 inches in 1952.

The period of root enlargement, and probably the critical period in determining the carotene content is primarily August and September in this area. For this period the average temperature and percentage of possible sunshine were almost the same for the 2 years, but the rainfall was greatly different. In the first season, rain occurred on 12 days —a total of 4.00 inches—approximately half normal for the period, compared with 26 days and 9.9 inches, somewhat above normal, in the second season. Yield records were not taken, but data from sweet potato investigations by the Agricultural Research Service indicate that, in general, the yield of sweet potatoes at Beltsville was approximately one third greater in the wet year than in the dry.

Variations in Carotene Content within and between Plants. Data in Table III show the variations in weigh', carotene, and total carotenoids in individual roots from the same plant and in the means of 10 different plants of two varieties. Orange Little Stem sweet potatoes from the same plant varied as much as 47% in carotene and 49% in total carotenoids, and Yellow Jersey as much as 82 and 51%, respectively. Means of all roots from single plants varied from other plants in the area by as much as 32% in carotene and 27%

Coefficient

Table III. Variations in Weight, Carotene, and Total Carotenoids of Individual Sweet Potatoes from Same Plant and in Means of Individual Plants

				Car	otene	_		of
			Nł.		Max.	Total Ca	rotenoids	between
Variety and N Plant No.	No. of Roots	Mean, grams	$\frac{Max.}{min.} \times 100$	Mean, mg./ 100 g.	× 100 %	Mean, mg./ 100 g.	$rac{Mox.}{min.} imes$ 100	Weight ond Total Carotenoid
Orange Littl Stem	le							
1 2 3 4 5 6 7 8 9 10 1-10	6 6 6 6 7 7 7 6 5 62	87 130 90 88 102 125 134 132 141 177 745 ^b	163 388 178 197 229 265 365 262 263 193 180 ^b	5.03 4.74 5.01 6.25 5.58 5.21 5.81 5.40 5.29 4.83 5.31^{b}	129 119 124 112 121 137 126 147 105 116 132 ^b	5.51 5.39 5.57 6.88 6.06 5.67 6.29 6.14 6.05 5.42 5.42 5.90^{5}	126 122 121 111 119 136 129 149 121 115 127 ^b	$\begin{array}{c} -0.47 \\ +0.29 \\ +0.86^{\circ\circ} \\ +0.05 \\ -0.31 \\ +0.05 \\ -0.72 \\ +0.34 \\ +0.01 \\ -0.11 \end{array}$
Yellow Jersey	у							
1 2 3 4 5 6 7 8 9 10 1-10 6 5 :==::::::::::::::::::::::::::::::::	5 5 9 6 7 8 6 5 7 5 6 3	129 232 174 138 119 120 146 140 119 137 909 ^b	249 409 363 329 284 325 415 224 300 232 243 ^b	$\begin{array}{c} 0.171\\ 0.163\\ 0.155\\ 0.194\\ 0.251\\ 0.197\\ 0.221\\ 0.286\\ 0.274\\ 0.218\\ 0.213^b \end{array}$	133 124 156 155 148 130 182 122 126 166 185 ^b	$\begin{array}{c} 0.694\\ 0.687\\ 0.646\\ 0.742\\ 0.844\\ 0.757\\ 0.757\\ 0.757\\ 0.819\\ 0.902\\ 0.731\\ 0.758^b\end{array}$	$ \begin{array}{r} 119 \\ 113 \\ 151 \\ 117 \\ 129 \\ 134 \\ 123 \\ 127 \\ 120 \\ 136 \\ 140^{b} \\ \end{array} $	$\begin{array}{c} +0.78\\ -0.68\\ -0.31\\ +0.23\\ -0.67\\ +0.56\\ -0.33\\ -0.94^{a}\\ -0.36\\ -0.29\\ -0.33^{c}\end{array}$
 Significan Per plant Significan 	it at 5% basis. t at 1%	level.						

in total carotenoids in Orange Little Stem and 85 and 40%, respectively, in Yellow Jersey.

Carotene Content of High and Low Yielding Plants. The determining factor in the selection of plants for use in the study of variation in roots from the same plant was the number of marketable roots produced. A large number of roots was desired for each plant tested. As the varieties used seldom produce "jumbo" roots, yield is more closely correlated with the number of marketable roots than with the size of the roots. Consequently, the plants selected were from the highest yielding plants in the plot. While the average carotene content was not directly proportional to the yield per plant, the sweet potatoes from these plants averaged significantly higher in carotene than the plot average. Highyielding plants thus tend to produce roots higher in carotene (provitamin A) than low-yielding plants in the same plot.

Rate of Vine Growth and Carotene Content. Sweet potatoes from vines growing slowly at harvest are higher in carotene than those from vines growing vigorously. In a season when soil moisture was low, sweet potatoes with a very high carotene content were produced when the vines were lifted and confined to a smaller area, but the yield was low.

Lifting the vines to break adventitious roots thereon was once believed to reduce vine growth, hasten development of the storage roots, and increase the yield. Starnes (10) reported a decrease in yield from lifting the vines in a relatively dry season, but suggested that it might be beneficial in a wet year. Abundant soil moisture tends to negate the effects observed in a dry season.

Effect of Size of Root on Total Carotenoid Content. The increase in carotene and total carotenoids as the season advances, reported in an earlier paper (5), is not primarily dependent upon the larger size of the roots later in the season. This is shown in Table III where the coefficients of correlation (r)between size (weight) of root and total carotenoids are given for two varieties, both for individual roots of individual plants and of all the roots from 10 plants. In individual plants and, with the small number of degrees of freedom, in only one plant of each variety was there a significant correlation (5% level). In the majority of cases r is positive in Orange Little Stem and negative in Yellow Jersey. When all roots from 10 plants and the greater number of degrees of freedom were used, r equaled -0.11(not significant) in Orange Little Stem and -0.33 (statistically significant at the 1% level) in Yellow Jersey.

The fact that r is negative when roots from different plants are included may be related to slower growth in the smaller roots. (These varieties tend to form

many miniature sweet potatoes early in the season and these increase in size as the season progresses.) This is in agreement with the observation that reduced vine growth results in roots higher in carotenoids and that a dry season (1951) resulted in a higher carotenoid content than a wet season (1952). If this is generally true-i.e., if slow growth is more favorable to a high carotenoid content-one may assume that the sweet potatoes with light-colored flesh in a lot are relatively rapidly growing ones. Size of root would depend on both the period and the rate of growth. If a root were large because of a long, slow growth period, the carotenoid content would tend to be high, but if large because of rapid growth over a short period the carotenoids would tend to be low.

The higher carotenoid content of the sweet potatoes from the higher yielding plants used in the studies of variation between individual roots from the same plants might also be explained by this hypothesis. These plants averaged a greater number of marketable sweet potatoes per plant than did the plot average. Consequently, the food materials synthesized by these plants for storage would need to be distributed to a larger number of growing sweet potatoes. Growth of the individual roots would tend to be slower and thus conducive to a higher carotenoid content.

This hypothesis of slow growth-high carotenoid content is in agreement with results reported by other workers. Edmond and Sefick (2) studied the growth of Porto Rico sweet potatoes in sand culture. They found that plants receiving a complete nutrient solution, or one deficient in either phosphorus, potassium, calcium, or magnesium, produced more top growth than one deficient in nitrogen. The potassiumdeficient plants gave the lowest yield of sweet potatoes-less than 100 grams per plant. With this exception, the nitrogen deficient plants were lowest in yield, but the flesh was pink in color (high carotenoids), whereas the flesh from the other plants was light pink or creamy white in color (lower carotenoids). Speirs and coworkers (9) studied the effect of various fertilizer combinations on the Porto Rico variety at both Georgia and North Carolina Agricultural Experiment Stations for two seasons. They found no significant differences in either carotene content or in yield from the different treatments. When manipulative treatments showed no effect on the yield (1955), there was little difference in the carotene content, but in other years when the yield was reduced there was an increase in carotene. Anderson and associates (1) reported more jumbo sweet potatoes (indicating more rapid growth of the roots) and lower carotene content as the spacings between the hills were increased.

Effect of Carotene Content at Harvest on Its Subsequent Accumulation during Storage. High carotene content at harvest did not impede synthesis during storage (Table I). The average increase in actual carotene in the 1951 Orange Little Stem roots was four times as much during storage as in the 1952 roots with about half as much carotene content at harvest. Expressed as a percentage of that present at harvest, increases were 24 and 13, respectively, in the two seasons. In Yellow Jersey, the increase during storage in the first season was 1.6 times as much actual carotene as in the second season, but as percentages of that present at harvest the increases were 262 and 366, the higher value being for the second season. However, the storage period of the Yellow Jersey, a long-keeping variety, averaged 159 days in the first season and 213 days in the second, or 34% longer in the second season. After adjustment for the shorter time in storage the first season, the values would be 2.2 times as much actual carotene in the first season and about the same percentage increase in the 2 years. Intraseasonally, the carotenoid concentration at harvest apparently had little effect on the increase during storage, as the coefficients of correlation were not statistically significant for either carotene or total carotenoids in either year.

Carotene Content on Fresh-Weight and Dry-Weight Basis. The moisture content is in inverse ratio to total solids. Consequently, the carotene values will be somewhat different if calculated on a dry-weight instead of a fresh-weight basis. However, this does not greatly affect the amount of variation. In Table IV the mean carotene contents at harvest for 1951 and 1952 calculated on both bases are shown together with the percentage variation for the 2 years. The results are comparable both intraand interseasonally.

Variations in Ascorbic Acid. Ascorbic acid varies widely in many horticultural crops. As a basis for comparing the variation in carotene with the variation in ascorbic acid, the ascorbic acid content of individual roots from the same plant and in the mean of all roots from single plants of two varieties are shown in Table V, along with coefficients of correlation between size of root and ascorbic acid content. These results indicate that, on a percentage basis, variations in carotene content are comparable in magnitude to those in ascorbic acid. What appears to be a slight positive correlation between size of roots and ascorbic acid content in single plants is lost when all roots from the 10 plants are considered together.

Variations in Moisture Content. The moisture content of sweet potatoes also varied at the time of harvest (Table

Table IV. Variations in Carotene Content of Sweet Potatoes Calculated on Fresh-Weight and on Dry-Weight Basis

		Fresh-Wei	ght Basis	Dry-Weight Basis		
		Carotene	Max.		Max. 🗸	
Variety and Year	Na. of Samples	mean, mg./ 100 g.	min. ~ 100 %	Carotene mean, mg./100 g.	min. 100 %	
Orange Little Stem						
1951	7	5.981	134	25,930	138	
1952	8	2.710	135	9.758	128	
Yellow Jersey						
1951	6	0.187	245	0.650	232	
1952	8	0.081	183	0.316	183	

I). Within a variety, the differences were usually less than 3% in a single season, but some of them were statistically highly significant. Differences between seasonal averages were sometimes greater than 3%, but the moisture content of the roots was not always higher in the season of greater rainfall. In the 1955 studies, plants without irrigation or adventitious roots along the vines produced sweet potatoes higher in moisture than irrigated plants with unrestricted root growth. In dry seasons and when the vines are disturbed, yield is reduced apparently through decreased synthesis and storage of dry matter. Perhaps these roots may better be considered as low in solids, and the higher moisture only incidental to the

low dry matter. As these differences in moisture content had no noticeable effect on the storage behavior of the sweet potatoes, such differences are of little physiological importance.

Normal-appearing plants, growing under as nearly uniform conditions as it is feasible to provide, will vary in yield from nothing to 2, 3, 4, or even more pounds per plant. Steinbauer, Hoffman, and Edmond (11) were unable to associate vield of individual plants with mother roots, mode of propagation, or any other recognizable conditions. Yield, as well as the carotene content, thus appears to be dependent upon the composite effect of all the factors entering into the growth of the plant. Harter and Whitney (7) reported the minimum

Table V. Variations in Weight and Ascorbic Acid Content of Individual Sweet Potatoes from Same Plant and in Means of Individual Plants

		We	aight	Ascorbic	Coefficient of	
Variety and Plant No.	No. of Roots	Mean, Grams	$\frac{Max.}{min.} \times 100$ %	Mean, mg./100 g.	$\frac{Max.}{min.} \times$ 100 %	between Weight and Ascorbic Acid
Orange Little Stem						
1 2 3 4 5 6 7 8 9 10 1-10	6 6 8 7 5 5 5 6 5 60	152 109 120 129 95 154 106 112 109 101 711e	289 235 366 378 177 402 203 276 293 242 190°	44.3 53.9 44.2 56.8 44.0 55.3 44.4 51.3 50.4 44.8 48.9°	139 119 138 142 116 154 142 115 183 173 129°	$\begin{array}{c} +0.24 \\ -0.13 \\ +0.62 \\ +0.79^{a} \\ +0.36 \\ +0.69 \\ +0.96^{b} \\ -0.38 \\ +0.53 \\ +0.57 \\ +0.02 \end{array}$
Yellow Jersey						
1 2 3 4 5 6 7 8 9 10 1-10	8 10 5 5 7 5 5 5 5 6 61	169 123 109 140 142 81 138 124 110 102 758°	677 243 206 237 290 161 209 214 216 161 248°	36.1 39.0 39.5 34.2 39.2 39.8 32.9 32.2 34.4 41.0 36.8°	164 143 128 147 122 117 130 115 109 138 127°	$\begin{array}{c} +0.54 \\ +0.20 \\ -0.67 \\ -0.35 \\ -0.40 \\ -0.31 \\ +0.93^{b} \\ +0.38 \\ +0.19 \\ +0.55 \\ +0.06 \end{array}$
 ^a Significant at ^b Significant at 	5% level. 1% level.					

· Per plant basis.

temperature for growth of sweet potato plants to be somewhere between 59° and 68° F. At 50° F., the plants turned a "yellow, sickly color" in 3 or 4 days and gradually died. Whether shorter periods at these, or lower, temperatures permanently affect the metabolism of the plant, or whether the plants may be more sensitive to environmental conditions at certain stages of growth than at others is unknown. As there is no known method of preventing or appreciably reducing the variations in carotene content of sweet potatoes grown under usual conditions, extreme care should be taken to secure adequate and representative samples in any study involving changes in the carotene content.

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